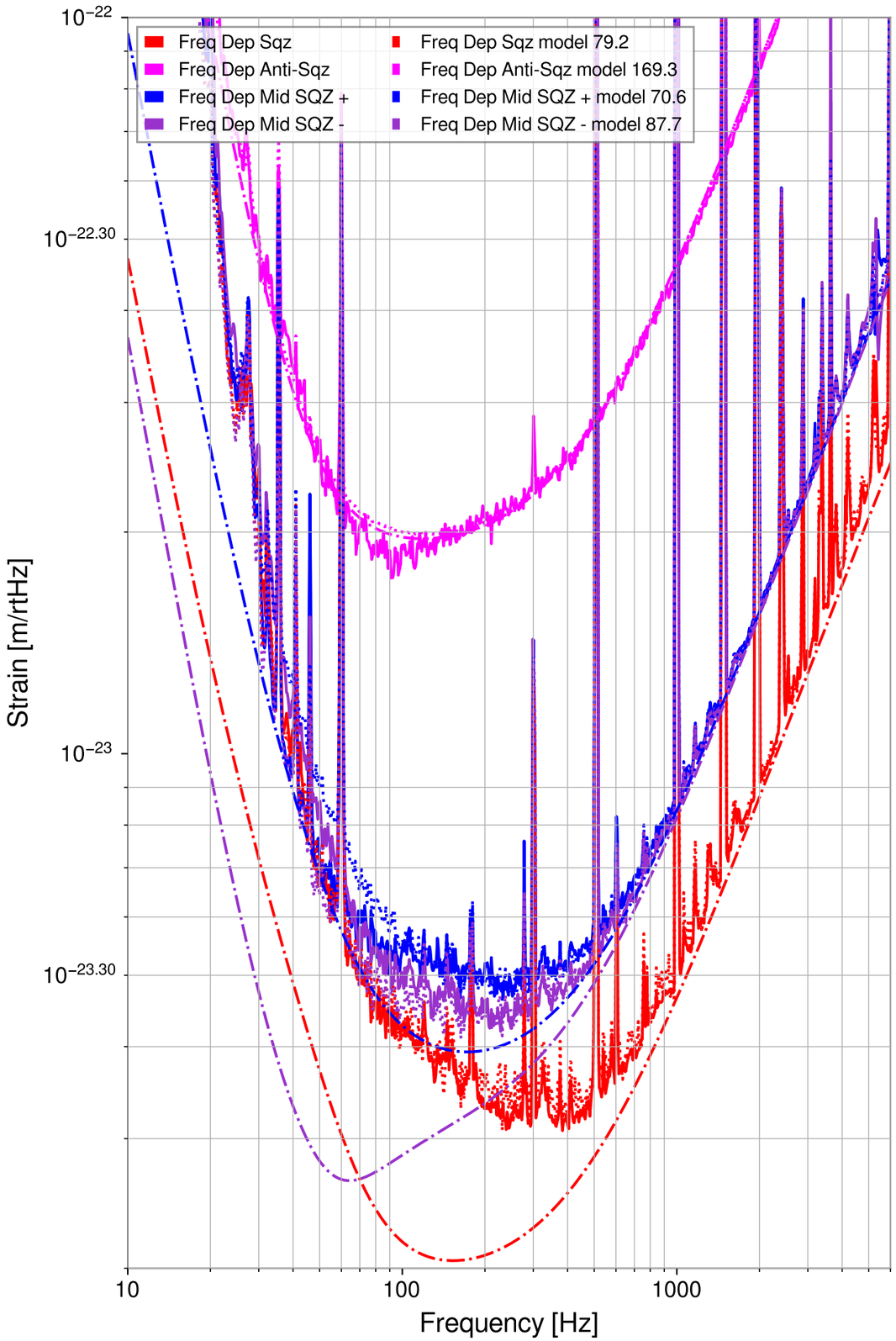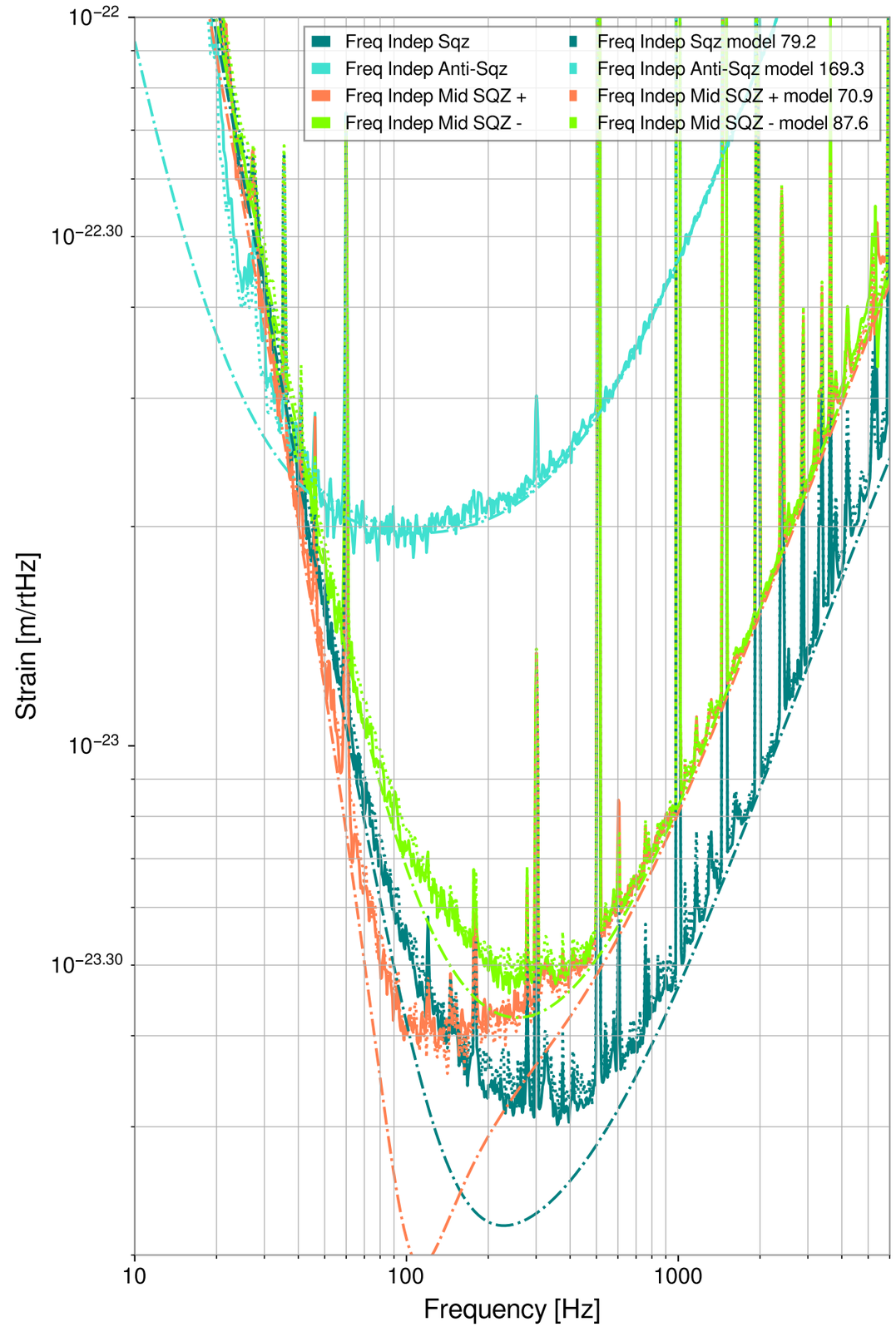arm power: 381.0 kW, IFO readout efficiency 78.6%, HD angle 10.8 deg, SRCL: 0.000 deg, SQZ: 8.25 % injection losses, SQZ generated: -16.51 dB